



PRC of Metro Richmond

We've Gone Virtual!

July 2020 is Virtual Walk for Life Month

You pick the day & place and virtually walk with us!

You can make a difference by partnering with us!

Your partnership helps provide professional, respectful, and caring assistance to women and men who are facing an unplanned pregnancy. We offer accurate information and practical support to women and men who are standing at the crossroads of critical life decisions, in need of life-affirming options. We are committed to presenting the hope and love that Jesus Christ offers, both in word and deed. With your help, we offer the following free and confidential services to our clients.

- Professional Pregnancy Testing
- 24-Hour Helpline
- Limited Ultrasounds
- STD Testing
- Confidential Pregnancy Options Counseling
- Parenting Classes
- Birth of a Family
- Mom's Support Groups
- Material Goods Assistance
- Sexual Integrity Training for Churches and Schools
- We Partner with Christian Counseling Training Center to Provide Post-Abortion Recovery Programs

SERVICES PROVIDED IN 2019: JANUARY THRU DECEMBER

Intervention Services: With peer-counseling and professional medical services we offer alternatives to abortion which affirm the lives of women, men and their pre-born babies.

2091	Total visits
987	New cases opened
463	Free ultrasounds performed
809	Free pregnancy tests
3154	Referrals to agencies/organizations for assistance
106	Support for Fathers
481	Bottles of prenatal vitamins provided for clients

PERC (Parenting, Education and Resource Center)

The PERC program assists moms and dads in preparation for parenting: emotionally, spiritually, and materially through mom support groups, parenting classes, Bible study, and *Birth of a Family* [a motherhood and fatherhood initiative].

821	Client visits for the above classes
114	Maternity clothes provided for clients
472	Baby items provided for clients
396	Diapers/formula provided for clients

Prayed with 772 clients & shared the Gospel with 146 clients. We celebrated with 24 clients who became believers in Jesus Christ.

WALK FOR LIFE 2020 – Pledge Sheet

Total pledges on this sheet: \$ _____

Walker's Name: _____
 Address: _____
 Zip: _____ Phone: _____ Email: _____
 Church/Group: _____ My GOAL : \$ _____

I am an/a: Adult Teen Child



PRC OF METRO RICHMOND
Professional, Respectful and Caring

1510 Willow Lawn Drive, Suite 200
 Richmond, VA 23230
 Ph: (804) 673-4150

Please clearly print all information and indicate the total pledge.

Alternatively, you can create your personal walk page and collect sponsors online: friendsofprcrichmond.org

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Support the vital work of the PRC of Metro Richmond
by VIRTUALLY walking with us!

Getting Started Is As Easy As 1, 2, 3 ...

1. CHOOSE PAPER OR ELECTRONIC

Decide if you want to use this form to collect sponsors on paper or if you want to use our easy online tool to set-up your own fundraising webpage and collect sponsors online.

To create your personal webpage go to friendsofprcrichmond.org and click "WALK FOR LIFE REGISTRATION". When you have customized your page, you can email the link to family and friends and share the link to your personalized webpage on social media and ask your friends to sponsor you. If someone wants to pledge or donate in person, you can add it to your online total.

If you opt to use this form, **please be sure yours and your sponsors' information is complete and easy to read.**

2. RAISE FUNDS

Ask everyone you know, "Will you sponsor me?" Let them know that you believe in the mission of the PRC. You'll be surprised at the number of people who will say, "Yes!" Ask neighbors, co-workers, family, and friends. Share some of the information provided on the front of this form.

3. RECRUIT FRIENDS

The Walk for Life is fun! It is even more fun if share it with people you know! More walkers means more sponsors and pledges, resulting in greater financial support for the very important services of the PRC of Metro Richmond.

What You Need to Know

You don't have to collect money ...

You do not have to collect your pledges, just drop off your pledge sheets or mail to the PRC of Metro Richmond [1510 Willow Lawn Dr., Ste 200, Richmond 23230]. If sponsors want to give you money, please mark "Paid Cash" or "Paid Check" below their name and turn in the checks and/or cash with your Pledge Form. (Please do not mail cash)

You can walk 2 miles anywhere, anytime ...

We look forward to virtually walking and celebrating with our fundraising walkers in July! Sponsorships are not per-mile but are for participating in the event.

Share your walk with us ...

Wear your t-shirt, wave your banner, and send a message of hope and love to your community! We would love to have pictures or video of what your walk day looks like!

The more funds you raise, the more prizes you can win ...

Raise **\$250 in pledges** and receive a **2020 Walk for Life T-shirt**. Contact us about getting your t-shirt before you walk.

Raise **\$1,250 in pledges** and receive a gift certificate for **Dinner for Two**.

Prizes are cumulative, so raise the highest level of pledges and receive both gifts!

Please Note: Only sponsorships with complete address details will be included towards incentives.